

## EXPEDITION ROUTE CARD

<b>Aim of expedition:</b>										<b>Name of Explorer Group:</b>		
<b>Day of the week:</b>		<b>Date:</b> / /		<b>Day of venture:</b> (1 <sup>st</sup> , 2 <sup>nd</sup> etc.)		<b>Names of team members:</b>			<b>Address:</b>			
<b>Leg</b>	<b>PLACE WITH GRID REF</b>		<b>General direction or bearing</b>	<b>Distance in km</b>	<b>Height climbed in m</b>	<b>Time allowed for journeying</b>	<b>Time allowed for exploring, rests or meals</b>	<b>Total time for leg</b>	<b>Estimated Time of Arrival</b>	<b>Setting out time:</b>		<b>Tel No:</b>
	<b>START</b>									<b>Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)</b>		
(a)	(b)		(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)		(k)
1	TO											
2	TO											
3	TO											
4	TO											
5	TO											
6	TO											
7	TO											
8	TO											
	<b>Totals:</b>									<b>Leaders name, location and Tel No:</b>		

# ACTIVITY PLAN

Leg/ Activity	Task	Activity details

**Route Card – notes on completion**

- For each leg involving journeying only enter route details in columns (b) to (k).
- When non-journeying activity (exploring) is planned at the break between legs, leave columns (c) to (f) blank, enter the estimated time required to complete the activity in column (g), complete columns (h) to (i), and enter brief details of the activity in column (j).
- If exploring is to be carried out during a leg, enter the route details in column (b) to (f), add the time planned for the activity to the rest and meal times in column (g), and complete columns (h) to (k). Enter brief details of the activity after the route description in column (j)
- The journeying total in column (f) must be at least half the minimum required hours of planned activity.